

PARENT AND TEACHER SYMPTOM CHECKLIST

Student Name _____ Date _____

Prepared by _____ Relationship to Student _____

VISION PROBLEMS

- _____ Headaches in forehead or temples
- _____ Eyes ache
- _____ Eyes do not point at same place
- _____ Print blurs
- _____ Print doubles
- _____ Short attention span in reading or copying
- _____ Head movement while reading
- _____ Loses place
- _____ Uses finger or marker to keep place
- _____ Leaves out words
- _____ Cannot stay on line when writing
- _____ Skips lines
- _____ Rereads lines
- _____ Mis-orientes lines when drawing
- _____ Poor spacing between letters and words
- _____ Squints
- _____ Closes or covers one eye
- _____ Misaligns number columns
- _____ Confuses similar words
- _____ Comprehension reduces as reading continues
- _____ Does better on classwork toward beginning of day
- _____ Blinks excessively
- _____ Holds book too close to face
- _____ Holds book far away
- _____ Avoids most near-point tasks
- _____ Makes errors in copying from chalkboard or book
- _____ Rubs eyes frequently
- _____ Works very slowly at desk tasks
- _____ Poor comprehension, even with easy materials
- _____ Difficulty with written directions
- _____ Poor handwriting
- _____ Slow reading
- _____ Jerky reading
- _____ Behavior worsens when asked to work at desk tasks
- _____ Tilts head when working at desk
- _____ Inserts words from lines above or below where reading
- _____ Frequently blinks hard to clear vision
- _____ Moves lips while reading silently

SCOTOPIC SENSITIVITY-IRLEN SYNDROME

Note: Many of the listed vision-related symptoms can be mimicked in Scotopic Sensitivity-Irlen Syndrome. Look also for the following symptoms:

- _____ Reddened eyes
- _____ Eyes tear frequently
- _____ Nausea when reading or working at desk tasks
- _____ Print or figures move on page
- _____ Burning, itchy, dry, or scratchy eyes
- _____ Gross postural deviations when working at desk
- _____ Frequently shades eyes from light glare
- _____ Wears sunglasses indoors
- _____ Wears ball cap with bill low over eyes, even indoors
- _____ Consistently bothered by page glare
- _____ Bothered by white or glossy pages
- _____ Repeatedly confuses right-left directions
- _____ Complains of bizarre appearance of page
- _____ Prefers to read in dim light
- _____ Does better under incandescent than fluorescent lights
- _____ Consistently reads better at home than at school
- _____ Fatigues very quickly (5-15 mm.) at desk tasks
- _____ Gets sleepy when reading
- _____ Opens eyes wide when reading
- _____ Captivated or bothered by patterns in print or on surfaces
- _____ Difficulty with small-ball sports
- _____ Bothered by headlights at night
- _____ Discomfort with computer use

SYMBOL IMAGERY

- _____ Poor visual memory
- _____ Difficulty learning math facts
- _____ Difficulty mastering sight words when reading
- _____ "Sounds out" even very common words
- _____ Does not recognize words read a short time earlier
- _____ Spelling mistakes are phonetically correct
- _____ Cannot remember spelling exceptions

_____ Cannot remember spelling words after final test

Parent and Teacher Checklist, p.3 of 5

AUDITORY JUDGMENT AND DISCRIMINATION

- _____ Difficulty decoding words
- _____ Does not easily apply phonics to reading
- _____ Does not easily apply phonics to spelling
- _____ Cannot approximate spellings of unfamiliar words
- _____ Does poorly with unpracticed spelling
- _____ Confuses similar words
- _____ Switches sounds in words
- _____ Adds extra sounds to words
- _____ Leaves sounds out of words
- _____ Difficulty with syllable number
- _____ Difficulty with vowel sounds within words
- _____ Reads more by visual memory than by phonics

LANGUAGE INTEGRATION AND READING COMPREHENSION

- _____ Poor sense of humor--doesn't "get" jokes
- _____ Understands slapstick humor, but not "dry" humor
- _____ Difficulty following oral or written directions
- _____ Difficulty drawing conclusions or making inferences
- _____ Difficulty finding main idea
- _____ Can't find answers that are not explicitly stated
- _____ Difficulty following movie plots or story plots
- _____ Difficulty remembering details
- _____ Poor medium- and long-term memory
- _____ Problems applying what is read to real life
- _____ Difficulty sequencing events
- _____ Does not get the whole idea of what is read
- _____ Does not easily see relationships between ideas
- _____ Difficulty with word problems in math
- _____ Difficulty with cause and effect
- _____ Poor expressive language skills
- _____ Poor logical thinking and problem solving skills

MISCELLANEOUS

- _____ History of seizures
- _____ "Loses contact" with surroundings for short periods of time

_____ Poor physical coordination

RECEPTIVE LANGUAGE DEFICITS

- _____ Difficulty following spoken directions
- _____ Confusion in spoken conversation
- _____ Delay in answering spoken questions
- _____ Inappropriate, "off-the-wall" answers to questions
- _____ Comments that do not fit in with the conversation
- _____ Poor auditory memory--remembering what was said
- _____ Poor vocabulary
- _____ Difficulty understanding new ideas
- _____ Difficulty paying attention to conversation
- _____ Frequent requests to repeat conversation
- _____ Difficulty understanding what people are saying
- _____ "Mushy" speech
- _____ History of ear infections, fluid-filled ears, or sinus problems

ATTENTION AND ORGANIZATION

- _____ Impulsive, acts without thinking
- _____ Difficulty finishing tasks
- _____ Perseverates—"Locks onto" a pattern of responses, and continues even when no longer appropriate
- _____ Attention wanders
- _____ Easily distracted by sounds
- _____ Easily distracted by things seen
- _____ Always "on the go"
- _____ Poor concentration
- _____ Poorly organized physically
- _____ Poorly organized mentally
- _____ Easily upset or loses temper easily
- _____ Shifts from one activity to another
- _____ Difficulty holding body still
- _____ Easily upset bt change
- _____ Easily frustrated
- _____ Interrupts conversations inappropriately
- _____ "Spacy"

ALLERGIES

(Listed because of ramifications for behavior, attention, and academic performance)

- _____ Headaches
- _____ Persistent runny nose
- _____ Chronic congestion
- _____ Itching nose, ear canal, or roof of mouth
- _____ Chronic stomachache or nausea
- _____ Chronic diarrhea
- _____ Asthma
- _____ Matter-filled eyes or encrusted eyelids
- _____ Swollen eyes or eyelids
- _____ Dark circles around eyes
- _____ Dark bags under eyes
- _____ Creased lower eyelids
- _____ Sleepiness after meals
- _____ Unpredictable moods or behavior
- _____ Sporadic attention problems
- _____ Seasonal congestion
- _____ Chronic ear infections
- _____ Early-morning congestion
- _____ Mouth breathing

Please list below any other things that you have noticed about this individual that you consider to be unusual or that interfere with his success with his classwork.

Ken Schmidt, Director